

SHPS TRAINING SCHEDULE FOR JAN TO DEC 2017

VENUE : NATIONAL SAILING CENTRE

Mondays : DIANA, ZUL, ZIKRI

Thursdays : SARAH, HWEE KAY, CORNELIUS

For The Month of JULY 2017				Wanti	Kelvin	Low	Xiao Dong
Term/Wk	Date	Day	TRAINING				
T3 Wk 2	03-Jul-17	Mon	NO	YOUTH DAY SCHOOL HOLIDAY			
	06-Jul-17	Thurs	Yes	✓	✓	✓	✓
T3 Wk 3	10-Jul-17	Mon	Yes	✓	✓	✓	✓
	13-Jul-17	Thurs	Yes	✓	✓	✓	✓
T3 Wk 4	17-Jul-17	Mon	Yes	✓	✓	✓	✓
	20-Jul-17	Thurs	Yes	✓	✓	✓	✓
T3 Wk 5	24-Jul-17	Mon	Yes	✓	✓	✓	✓
	27-Jul-17	Thurs	Yes	✓	✓	✓	✓
T3 Wk 6	31-Jul-17	Mon	Yes	✓	✓	✓	✓

For The Month of August 2017				Wanti	Kelvin	Low	Xiao Dong
Term/Wk	Date	Day	TRAINING				
T3 Wk 6	03-Aug-17	Thurs	Yes	✓	✓	✓	✓
T3 Wk 7	07-Aug-17	Mon	Yes	✓	✓	✓	✓
	10-Aug-17	Thurs	NO	NATIONAL DAY SCHOOL HOLIDAY			
T3 Wk 8	14-Aug-17	Mon	Yes	✓	✓	✓	✓
	17-Aug-17	Thurs	Yes	✓	✓	✓	✓
T3 Wk 9	21-Aug-17	Mon	Yes	✓	✓	✓	✓
	24-Aug-17	Thurs	Yes	✓	✓	✓	✓
T3 Wk 10	28-Aug-17	Mon	Yes	✓	✓	✓	✓
	31-Aug-17	Thurs	NO	TEACHER'S DAY CELEBRATIONS			

4 - 6 AUG Pesta Sukan Regatta - Dinghy

For The Month of September 2017				Wanti	Kelvin	Low	Xiao Dong
Term/Wk	Date	Day	TRAINING				
Sch Hols	04-Sep-17	Mon	Yes	regatta participants only			
	07-Sep-17	Thurs	NO				
T4 Wk 1	11-Sep-17	Mon	Yes	✓	✓	✓	✓
	14-Sep-17	Thurs	Yes	✓	✓	✓	✓
T4 Wk 2	18-Sep-17	Mon	Yes	✓	✓	✓	✓
	21-Sep-17	Thurs	Yes	✓	✓	✓	✓
T4 Wk 3	25-Sep-17	Mon	Yes	✓	✓	✓	✓
	28-Sep-17	Thurs	Yes	✓	✓	✓	✓

6 - 9 Sep NSC CUP SERIES 2

For The Month of October 2017				Wanti	Kelvin	Low	Xiao Dong
Term/Wk	Date	Day	TRAINING				
T4 Wk 4	02-Oct-17	Mon	Yes	✓	✓	✓	✓
	05-Oct-17	Thurs	Yes	✓	✓	✓	✓
T4 Wk 5	09-Oct-17	Mon	Yes	✓	✓	✓	✓
	12-Oct-17	Thurs	NO				
T4 Wk 6	16-Oct-17	Mon	NO				
	19-Oct-17	Thurs	NO				
T4 Wk 7	23-Oct-17	Mon	NO				
	26-Oct-17	Thurs	NO				
T4 Wk 8	30-Oct-17	Mon	NO				

For The Month of November 2017				Wanti	Kelvin	Low	Xiao Dong
Term/Wk	Date	Day	TRAINING				
T4 Wk 8	02-Nov-17	Thurs	NO				
T4 Wk 9	06-Nov-17	Mon	Yes	✓	✓	✓	✓
	09-Nov-17	Thurs	Yes	✓	✓	✓	✓
T4 Wk 10	13-Nov-17	Mon	Yes	✓	✓	✓	✓
	16-Nov-17	Thurs	Yes	✓	✓	✓	✓
Sch Hols Wk1	20-Nov-17	Mon	NO	STAFF MEETING / REVIEW			
	23-Nov-17	Thurs	Yes	✓	✓	✓	✓
Sch Hols Wk2	27-Nov-17	Mon	NO				
	30-Nov-17	Thurs	NO				

17 - 19 NSC CUP SERIES 3

29 Nov - 1 Dec CSC Optimist Championships (Silver)

For The Month of December 2017				Wanti	Kelvin	Low	Xiao Dong
Term/Wk	Date	Day	TRAINING				
Sch Hols Wk 3	04-Dec-17	Mon	NO				
	08-Dec-17	Thurs	NO				
	11-Dec-17	Mon	NO				
	15-Dec-17	Thurs	NO				
HAPPY HOLIDAYS!							

5 - 8 Dec CSC Optimist Championships (Gold)

TRAINING DATES ARE SUBJECT TO CHANGES